

DRUG AWARENESS

Important Definitions

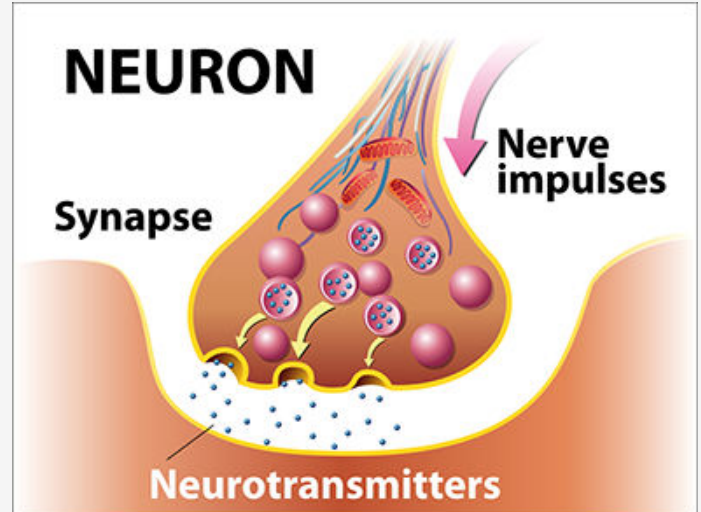
Drug-

Neuron-

Neurotransmitters-

Dopamine-

Serotonin-



Notes:

How To Stay Drug Free:

1. Be informed
2. Say no
3. Set goals
4. Explore new hobbies
5. Keep the right people close
6. Stay fit and active

Resources:

The National Alcohol and Substance Abuse Information Center: 800-784-6776

Teen Line (6-10pm): 800-852-8336 or text TEEN to 839863

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www.HealthyExcitedYouth.org / info@healthyexcitedyouth.org



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